

# MORPHETT VALE EAST NEWSLETTER



**Morphett Vale East  
School**



Government of South Australia  
Department for Education

WEEK 9 TERM 1, 2025

ISSUE: 3



## farewell

End of term already and Easter is around the corner!

It has been a very hot term one this year and I know that many of you have had children that have struggled to sleep. I hope that the upcoming holidays gives them and you a chance to recover.

Next week Rick Whitbread returns to our site after his 5 weeks at Southport PS as Deputy Principal. This means we say goodbye to Leanne Zizikos who has supported across the school. Thank you Leanne for taking our PE lessons and helping out in classes.

We also say goodbye to Hannah Moon at the end of this term. Hannah has been teaching in our Speech Language class this term whilst Angie Hibberd has been Director at Coorara Kindergarten.

The last farewell is that of my own. I have been offered a job in central office which I have decided to take for the next 3 terms. My position is currently advertised and I hope to be able to inform you all before the end of term who my replacement will be. It is going to be a change of pace for me, especially after doing this role for the last 11 years. It's been wonderful getting to know you all and supporting you and your families where I could. I will miss all our daily conversations!

We finish off this term with Autism Day next week and the Colour Run on the last day. Its not too late to register and collect your donations. I wish you all a happy and safe holidays and hope that you enjoy the Easter break.

Carolyn



## LEADERSHIP TEAM

**Carolyn Mildrum**  
*Principal*

**Sonia Cooke**  
*Deputy Principal*

**Rick Whitbread**  
*Student Wellbeing Leader*

## DIARY DATES

### April

- Wed 2nd Autism Awareness Day
- Thurs 3rd Yarning Family BBQ
- Fri 4th Special lunch order
- Fri 11th Colour Fun Run- start 110pm
- Fri 11th End of term early finish 2pm

### May

- Mon 28th Pupil Free Day
- Tues 29th First Day of Term 2



# SCHOOL PHOTOS

School photos will be taken on the 9th of May. This is a wonderful opportunity for students to capture memories of their school year. Individual and class photos will be available for purchase, and further details regarding packages and pricing will be sent home with students closer to the date.

## COLOUR EXPLOSION SCHOOL FUN RUN

We are hosting another Colour Explosion School Fun Run on Friday 11th April.

We are raising money to complete the mural on the last foyer door.

Explosion fun run sign up today to start your fundraising. Visit

<http://www.myprofilepage.com.au> to set up your profile and begin online fundraising.

If you prefer you can raise funds using the sponsorship booklet and collecting cash donations. These booklets will be going home to families soon.



# Road Safety



Parents / Caregivers are reminded that the staff carpark is for staff members only. For the safety of students and staff please park outside the school grounds when dropping your child/children off before school or when picking them up at the end of the school day and do not drive through the staff car park.

## BIKES SCOOTERS & SKATEBOARDS

For safety reasons all bikes scooters etc. must be walked through the courtyard before and after school.

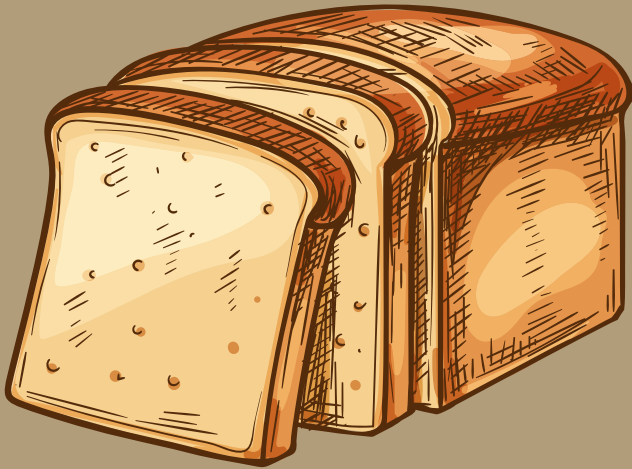


## Ice blocks

Ice blocks are for sale on Fridays at lunch time \$0.50cents for half and \$1.00 for a whole one.

# Bakers Delight Bread

Free Bakers Delight bread and rolls will be available from 2:30 onwards every Wednesday. If you have any spare time Wednesday morning to help bag the bread your help would be appreciated.



## LUNCH ORDERS

Lunch orders can be ordered on Monday, Wednesday and Friday. The menu can be found on the school Facebook page, school website and class Dojo.



WANT TO KEEP UP TO DATE WITH THE LATEST INFO AND NEWS? SCAN THE QR CODES BELOW TO FOLLOW US.



## FACEBOOK & INSTAGRAM





# ROOM 16 Cooking

Every week we do cooking. Cooking is a great life skill to learn. We learn how to grate, cut, and prepare foods safely. We have tried lots of different recipes already this term. Some of the foods we have cooked include damper, fruit yoghurt icy poles, LCM bars, chocolate crackles, cupcakes, chocky rock biscuits, damper and sausage rolls. The sausage rolls were lots of people's favourite food. We have included the recipe for you here to try at home.

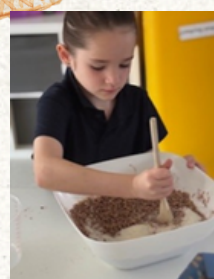
"I like learning how to make different foods." Layla

"I have learnt how to be safe in the kitchen." Maxx

"I have learnt how to measure foods." Amelia

"I like cracking the eggs." Stephen

"I like eating the foods we cook." Arhliya



## SAUSAGE ROLLS

### Ingredients

500gms Sausage mince	500gms mincemeat	1-2 onions diced	3 eggs beaten
1 cup fresh breadcrumbs	2 grated carrots	2 grated apples	Mixed herbs
$\frac{1}{2}$ cup tomato sauce	salt & pepper	$\frac{1}{2}$ cup BBQ sauce	
puff pastry sheets			

### Method

1. Preheat oven to 180C fan bake.
2. Add sausage meat, mincemeat, salt and pepper and herbs to a large bowl.
3. Add grated carrot and grated apple and grated onion into bowl.
4. Use onion chopper to chop up bread to make breadcrumbs and add to bowl.
5. Add tomato and BBQ sauce. Add beaten egg and mix well to combine.
6. Cut puff pastry sheets in half lengthwise on a chopping board.
7. Roll meat into a long sausage and place on  $\frac{1}{2}$  piece of pastry.
8. Roll up pastry. Prick pastry with a fork on top about 4-5 times.
9. Cut into bitesize sausage rolls. Cook in oven for 30 minutes or until golden brown.







# ROOM 17



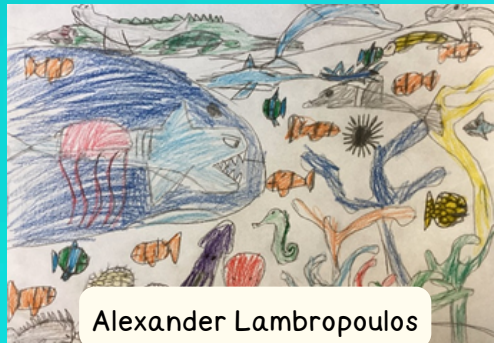
The children have been creating stories about an underwater adventure. They first listened to a story and created a drawing about what they were visualising in their mind as the story progressed. Bringing their pictures to light they used them as writing prompts to create their own stories! Here are just a few of them:



Mila Mansell



Kaleb Elliott



Alexander Lambropoulos



Alaylah Levering

## Scuba Diving

One day I went to the beach and I went scuba diving. As I was diving down deeper, I saw a tonne of fish. The deeper I went the more scared I got. My hands were shaking, the hairs on my arms were sticking up but I needed to keep going.

Ahhhh! My leg it's stuck in coral. Oh no there are fishing lines all around me and they keep getting caught on my bathers. They are bringing me slowly to the shore!

"Yay" I'm finally out of the coral but wait, in the distance I notice a ship wreck...Ripping out the hooks from my bathers I go and check it out. I can see a piece of wood that reads EM. I'm going to take it home and do some research about it.

After two days, I now know that the boat was called the Rosemarie and it sank in 2020 and 2 people died.

Sometimes the sea can be a dangerous place, may they rest in peace.

Alaylah Levering

## Jumping off of the jetty

Elka Chilton

One day I went to the beach with my mum and my dad. I was so excited because we were going to jump off of the jetty today. When we got there I was kind of scared at first but then I saw my dad do a backflip off of the jetty.

I went down the stairs and jumped off. It was so deep. I looked underneath the water and I couldn't see the bottom. It was so scary! Then I went up the stairs and left the jetty. The sand was warm from the sun and my feet started to get hot. I quickly ran to the water while mum and dad put the gear onto the rocks. Swimming in the water I saw so many fish. I even saw a stingray, it was so cool!

It was soon time to go so we packed up our stuff and left. On the ride home we stopped at Maccas and got three ice-cream cones and a big meal for everyone. When we got home, I ate my food, had shower, got in my pjs and went to bed.

My dreams that night was full of wonderful colourful fish.

## Underwater Adventure

In the ocean there is a school filled with fish and their school is made out of coral. There are many more sea animals at the school like Octopus, Jellyfish and Orcas.

The big Whale is the principal of the school. The fish love to go to school to meet more sea animals like Starfish and Seahorse. The most popular sea animal is the dolphin because he can do tricks like diving, flipping and more. All the sea animals there are The Whale, The Starfish, The new Sunfish and some more.

At the end of the day janitors like The Seal cleaned up the school and all the teachers and students went home. The only people who were there was The Seal, The axolotl, The Crocodile, The Turtle and The Hippo. After everybody cleaned the school all the janitors went home and the next day was a Saturday so all the students were happy because there was no school the next day, yay.

Alexander Lambropoulos

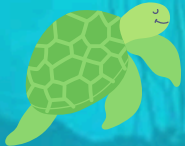
## Deep sea diving

Bob, Joe and their three children called Mary, Barry and Larry went sailing on their huge boat called Mildrum. When they arrived at the Atlantic Ocean they anchored and got ready to dive.

Through the water they could see the outline of a pirate ship! As they swam towards the ship, they swam past schools of different types of fish. They eventually reached it and they found out that it was old and decaying.

As they were exploring, they found a very old, wooden chest but it was a trap! It released a shark! It chased them all the way to the ship and they were lucky to have survived.

Alex Martin







# COMMUNITY NOTICEBOARD



**Learning for Life  
Scholarship**

Would you like:



**Financial support**  
to pay for  
school essentials,  
like uniforms, books  
and excursions



**Personal support**  
for the child and  
their family from a  
Family Partnership  
Coordinator



**Practical support**  
through access to our  
additional learning and  
mentoring programs, tailored  
to each child's needs

**Eligibility Criteria:**

- Do you have a health care or pension concession card?
- Does your child attend school regularly?
- Is your child in Rec to Year 8?
- Does your child attend a Smith Family partner school?

**Apply Now**



## Onkaparinga Partner Schools

Christie Downs Primary School  
Christies Beach High School  
Christies Beach Primary School  
Coorara Primary School  
Flaxmill Primary School  
Hackham East Primary School  
Hackham West Primary School

Huntfield Heights Primary School  
Lonsdale Heights Primary School  
Morphett Vale East Primary School  
Morphett Vale Primary School  
Noarlunga Downs Primary School  
O'Sullivan Beach Primary School  
Pimpala Primary School

Port Noarlunga Primary School  
Reynella East College  
Reynella South Primary School  
Seaford Secondary College  
South Port Primary School  
Wirreanda Secondary School

## SPECIALIST SPORTS COURSE



**WIRREANDA  
SECONDARY SCHOOL**

**2026 Applications Due  
Friday 4 April 2025**

Admission to the SSC program is through application only.  
The application is available via our website:  
<https://wirreandasecondary.sa.edu.au/>



## Application Process



SCAN ME



**APPLY NOW!**





# MORPHETT VALE EAST VACATION CARE PROGRAM

**SCHOOL HOLIDAYS 14th April- 25th April 2025**



## MOVIE DAY AT THE CINEMA

Join us as we head to the cinema for a movie. Bring your favourite snacks and drink as you relax with friends whilst enjoying the movie cinema style. We will be travelling on private charter bus to and from the venue.

**\*Cost \$14 per child**

Outcome 5: Children and young people are effective communicators

**MONDAY 14/4/25**



**TUESDAY 15/4/25**



## CREATE YOUR OWN PIZZA AND PASTA AT OSHC

Come along and join in our design your own pizza and pasta dishes at OSHC. You can bring a family recipe or just create something yummy with our range of different ingredients we have to choose from.

Outcome 4: Children and young people are confident and involved learners

## THE SCIENCE SHOWS AT BLACKWOOD

Join with us as we head to Blackwood for three exciting shows. You will see a magic show, animals anonymous and a show of fire and froth. We will be travelling on private charter bus to and from the venue.

**\*Cost \$15 per child**

Outcome 2: Children and young people are connected with and contribute to their world

**WEDNESDAY 16/4/25**



**THURSDAY 17/4/25**



## WILFRED TAYLOR RESERVE AND BUILD YOUR OWN BURGER AT OSHC

Come along for the day as we head over to our local community playground for a fun filled time before we come back to OSHC where you can build your own scrumptious burger for lunch. We will be walking to and from the venue via designated walking tracks.

Outcome 3: Children and young people have a strong sense of wellbeing

## GOOD FRIDAY- PUBLIC HOLIDAY

**\*\*\*OSHC IS CLOSED FOR GOOD FRIDAY  
PUBLIC HOLIDAY\*\*\***

**FRIDAY 18/4/25**



Remember to check your approved hours per fortnight for CCS

# MORPHETT VALE EAST VACATION CARE PROGRAM

SCHOOL HOLIDAYS 14th- 25th April 2025



## EASTER MONDAY- PUBLIC HOLIDAY

\*\*\*OSHC IS CLOSED FOR EASTER MONDAY  
PUBLIC HOLIDAY\*\*\*

MONDAY 21/4/25



TUESDAY 22/4/25



## WATER PLAY AND WHEELS DAY

Bring your wheels and your bathers as we have a day of riding and water activities. Water balloons and the sprinkler will be running throughout the day for you to cool off as you recharge after riding your wheels.

Outcome 2: Children and young people are connected with and contribute to their world

## ADELAIDE HIMEJI GARDEN and MARSHMALLOW PLAYGROUND

Come and join us as we head into the Adelaide Himeji Japanese garden before we go over to the Marshmallow playground for some new fun.

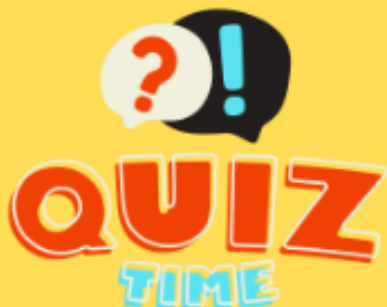
\*Cost \$12 per child

Outcome 1: Children and young people have a strong sense of identity

WEDNESDAY 23/4/25



THURSDAY 24/4/25



## FASTA PASTA and QUIZ DAY at OSHC

Our famous OSHC quiz is back even bigger and better with a new quizmaster. Join a team and see if you will reign supreme in our famous OSHC quiz. We will have Fasta Pasta for lunch for recharging our brains.

Outcome 5: Children and young people are effective communicators

## ANZAC DAY- PUBLIC HOLIDAY

\*\*\*OSHC IS CLOSED FOR ANZAC DAY PUBLIC  
HOLIDAY\*\*\*

FRIDAY 25/4/25



Remember to check your approved hours per fortnight for CCS